

Medical Career Pathways at Bendigo Health

Psychiatry

The Psychiatry Precinct at Bendigo Hospital consists of a 35-bed adult acute inpatient unit (AAU), a 20 bed Older Persons Acute Unit (OPU), a 20 bed Extended Care Unit (ECU) and a 5 bed Parent Infant Unit (PIU).

Additional off-site residential units include: a 12 bed Community Care Unit (CCU); an 8 bed Dual Diagnosis Rehabilitation Unit (DDRU); a 10 bed sub-acute Adult Prevention & Recovery Care (APARC) unit; and a 10 bed Youth Prevention and Recovery Care (YPARC, catering for 16 to 25-year-olds).

All inpatient and residential facilities are centrally located in Bendigo. Outpatient Services are divided into three regions: Greater Bendigo, northern and southern regions.

Each patient who requires community follow up has a lead clinician at one of our six community clinics. These are the John Bomford Centre (JBC) for Greater Bendigo, Castlemaine, Kyneton and Maryborough (southern region) and Echuca and Swan Hill (northern region).

Positions available

35 Junior Medical Staff positions are available in Mental Health (Psychiatry). These positions are a combination of:

- 2 rotating intern positions from hospital intern program each term
- 5 rotating HMO (PGY 2+) positions from hospital general HMO stream each term
- RANZCP accredited registrars from first to final year of training
- Mental health HMOs (12 month+ contracts)

Teaching Opportunities

- Weekly Journal Club alternating with a case conference
- Registrar tutorials – weekly
- Balint Group for registrars - fortnightly
- Supervision for exam preparation from senior registrars and consultants
- Psychodynamic psychotherapy supervision and opportunities to expand into other disciplines such as CBT
- Medical officer teaching – weekly
- Doctor in Training meeting – monthly

- Protected intern teaching - weekly
- HMO workshops - fortnightly
- Internal and external opportunities are advertised daily on our intranet and all doctors have access

Training Pathway

Career progression at Bendigo Health can include intern, PGY2/3 and registrar positions. All RANZCP training requirements in General Adult Psychiatry can be completed at Bendigo Health, as well as some sub-speciality training.

There is a dedicated site coordinator of training (SCoT), a position filled by one of our consultant psychiatrists who ensures the training needs of HMOs and Registrars are met. One senior registrar is also the nominated "Principal Registrar" at Bendigo Mental Health Services, and has a role in supporting and coordinating junior medical staff. The principal registrar meets with all DiTs regularly to address any issues which may arise from time to time and escalate as required.

Support is available from the SCoT, experienced registrars, your supervisor, your colleagues and the Clinical Director. The Junior Medical staffing group in Mental Health is tight knit and supportive, making the experience of working or training in Psychiatry within Bendigo Health one which is connected and positive.

Contact

Name: A/Prof Phil Tune

Title: Clinical Director

Name: Dr Seema Anis

Title: Principal Registrar

Name: Dr Nariman Awais

Title: Site Co-ordinator of Training

Note: Information within this document is subject to change, this document was correct as of 9.07.2026